

MANUELA GONZÁLEZ, LGSW

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EDUCATION:

ST. CATHERINE UNIVERSITY—UNIVERSITY OF ST. THOMAS, St. Paul, MN 2018
Master of Social Work (Area of Emphasis in Practice with Immigrants and Refugees Scholar)

ALBRIGHT COLLEGE, Reading, PA 2008
Bachelor of Arts (Psychology, Criminology, and Spanish)

SPECIALTIES:

Populations

- **Adults**
- **Individuals**
- **Black, Indigenous & People of Color (BIPOC) with a special interest in working with children of immigrants, immigrants, members of the fat community, and the LGBTQ+ community.**

Conditions

- **Trauma (personal, intergenerational, community violence, domestic violence, and sexual violence/abuse)**
- **Migration/Immigration**
- **Anxiety**
- **Racial/Ethnic Identity**
- **Acculturation**
- **Fat Acceptance/Positivity**
- **New Life Phases**
- **Interpersonal Relationship Difficulties**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2021 – Present
Mental Health Therapist

LYN-LAKE PSYCHOTHERAPY & WELLNESS, Minneapolis, Minnesota 2018-2020
Mental Health Practitioner

Clients: Adolescence, Adults, Couples and Families

- Provided couples, family, and individual therapy in an outpatient setting.
- Diagnosed and treated a variety of mental health disorders, including Major Depression, Anxiety Disorders, Adjustment Disorders, Bipolar Disorders, Post Traumatic Stress Disorder, Borderline Personality Disorder, and Other Specified Gender Dysphoria.

COMUNIDADES LATINAS UNIDAS EN SERVICIO (CLUES), St. Paul, Minnesota 2013-2017
Community Social Worker/Children's Mental Health Case Manager/Sexual Assault Advocate

Clients: Children, Adults, and Families

- Collaborated with Suburban Ramsey Family Collaborative to provide basic needs, and access to services for Latino families with children in four Suburban Ramsey County school districts. Recruited

and supervised bachelors level social work students during their internship in the Family Services Department.

- Partnered with Ramsey County to assess eligibility for mental health case management. Proficiently entered case notes into SSIS system in compliance with state regulations.
- Coordinated with Hennepin County to provide resources to families to prevent further involvement in Child Protective Services. Assisted sexual assault survivors in successfully filing police reports, obtaining reparations, and locating community resources.