

KERRY ANDERSON, MA, LP

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EDUCATION:

ST. MARY'S UNIVERSITY, Minneapolis, MN <i>Master of Psychology</i>	2002
MINNEAPOLIS COMMUNITY COLLEGE, Minneapolis, MN <i>Chemical Dependency Specialist Training</i>	1991
<i>Syracuse University, Syracuse, NY</i> <i>Bachelors International Relations</i>	1986

SPECIALTIES:

Populations

- **Adults, Adolescents, Children 9+**
- **Individuals, Couples**
- **Post-Partum Women**

Conditions

- **Post-Partum Issues**
- **Depression**
- **Anxiety**
- **Post-traumatic Stress Disorder (EMDR)**
- **Internal Family Systems**
- **Life transitions**
- **Codependency**
- **Couples counseling**
- **Chemical Dependency / Recovery Support**
- **Womens' Issues**

EXPERIENCE:

CATALYST MENTAL HEALTH, SBC, Telehealth Provider Mental Health Therapist	2020 – Present
REED PSYCHOLOGICAL SERVICES, Minnetonka, MN Licensed Psychologist <i>Clients: Adults, Young adults, Adolescents, Couples</i>	2019 – Present

- Provide individual and couples therapy in an outpatient setting.
- Diagnose and treat a variety of mental health disorders, including anxiety, depression, couples therapy, Internal Family Systems, EMDR, post-recovery, biofeedback, parenting concerns, friendship issues, self esteem, life stressors and transitions, family change, women's issues, stress and time management, trauma, PTSD.

INNOVATIVE PSYCHOLOGICAL RESOURCES, Maple Grove, MN

2011 – 2019

Licensed Psychologist

Clients: Adults, Young adults, Adolescents, Couples, Children 9 and older

- Provided individual and couples therapy in a clinical setting.
- Diagnosed and treated a variety of mental health disorders, including anxiety, depression, couples therapy, Internal Family Systems, EMDR, post recovery, biofeedback, parenting concerns, friendship issues, self esteem, life stressors and transitions, family change, women's issues, stress and time management, trauma, PTSD.

Minnesota Psychological Resources, Plymouth, MN

2004 – 2011

Licensed Psychologist

Clients: Adults, Young adults, Adolescents, Couples, Children 9 and older

- Provided individual and couples therapy in a clinical setting.
- Diagnosed and treated a variety of mental health disorders, including anxiety, depression, couples therapy, Internal Family Systems, EMDR, post recovery, biofeedback, parenting concerns, friendship issues, self esteem, life stressors and transitions, family change, women's issues, stress and time management, trauma, PTSD.