

JESSICA BRUEHLING CLEBERG, MA, LPCC, CERTIFIED ART THERAPIST

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EDUCATION:

SOUTHWESTERN COLLEGE, Santa Fe, NM <i>Certificate In Art Therapy</i>	2004
SAINT MARY'S UNIVERSITY, Minneapolis, MN <i>Master of Arts Degree in Counseling and Psychological Services</i>	2000
COLLEGE OF ST. CATHERINE, St. Paul, MN <i>Bachelor of Arts Degree In Psychology with a Minor in Art</i>	1998

SPECIALTIES:

Populations

- **Adults, teens, and children**
- **Individual and family**

Conditions

- **Schizophrenia**
- **Bipolar Disorder**
- **Depression**
- **Anxiety**
- **PTSD**
- **Personality Disorders.**
- **Emotional and Behavioral Diagnoses**
- **Autism**
- **Developmental Disabilities**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2016 – Present

Mental Health Therapist

Clients: Adults, teens, and children. Individuals and families.

- Provide outpatient psychotherapy using humanistic and cognitive behavioral therapy through the artistic process.
- Diagnose and treat a variety of mental health disorders, including Emotional and Behavioral Diagnoses, Serious and Persistent Mental Illnesses such as Schizophrenia, Bipolar Disorders, Depression, Anxiety, PTSD, and Personality Disorders, Autism, and Developmental Disabilities.

Psychotherapy, Art Therapy Private Practice- Creative Arts Therapy Collaborative, Minneapolis, MN

Therapist/Therapy Clinical Supervisor

2007-current

Clients: Adults, teens, and children. Individuals and families.

- Provide outpatient psychotherapy using humanistic and cognitive behavioral therapy through the artistic process. Contracted Art Therapy groups
- Developed a clinical trainee program and provide on-going training and clinical supervision for

trainees seeing clients.

- Diagnosed and treat a variety of mental health disorders, including Emotional and Behavioral Diagnosis, Serious and Persistent Mental Illnesses such as Schizophrenia, Bipolar Disorders, Depression, Anxiety, PTSD, and Personality Disorders, Autism, and Developmental Disabilities.

Resource-Charaka Community Support Program, Bloomington, MN

Mental Health Team Lead/Clinical Supervisor and Therapist

2009-2016

Mental Health Case Manager

2009

Clients: Adults. Individuals and families.

- Provided individual and group clinical and administrative supervision to a team of staff providing Rule 79 case management and ARMHS (Adult Rehabilitative Mental Health Services) to adults and their families.
- Provided outpatient psychotherapy using humanistic and cognitive behavioral techniques.
- Diagnosed and treated a variety of mental health disorders, including Schizophrenia, Bipolar Disorders, Depression, Anxiety, PTSD, Chemical Dependency, and Personality Disorders.

Storefront Delta Intermediate Day Treatment Hopkins, MN
2009

2008-

Therapist

Clients: Children. Group, Individuals, and families.

- Provided day treatment and outpatient psychotherapy using systems and cognitive behavioral methods through experiential therapy. Directly managed graduate interns.
- Diagnosed and treated a variety of mental health conditions, including Emotional and Behavioral Diagnoses, Depression, Anxiety, PTSD, Oppositional Defiant Disorder, ADHD, Chemical Dependency, and Autism.

Resource, Northwest Community Support Program, Crystal, MN

2004-2008

Psychosocial Rehabilitation Coordinator

Clients: Adults. Group, Individuals, and families.

- Coordinated a drop-in program and directly supervised employees.
- Facilitated outpatient support and skills, art therapy, chemical dependency, and social recreation groups.
- Provided one to one counseling, outreach, and case coordination as needed.
- Provided Adult Rehabilitative Mental Health Services (ARMHS).
- Diagnosed and treated a variety of mental health conditions, including Schizophrenia, Bipolar Disorders, Depression, Anxiety, PTSD, Chemical Dependency, and Personality Disorders.

HelpSriLanka.us, Deewara Village, Modera, Moratuwa, Sri Lanka

July 2005

Volunteer Art Therapist/Teacher/Laborer for Tsunami Relief Mission in Sri Lanka

Clients: Adults and children. Group, Individuals and families. PTSD

- Provided post-traumatic stress relief. Used art therapy. Worked with the community to rebuild village structures destroyed by the tsunami.

Fairview University Medical Center, Children's Mental Health Day Treatment, Minneapolis, MN 2004

Art Therapist- Internship

Clients: Children. Group and Individuals.

- Provided day treatment art therapy and inpatient art therapy with children at the University's oncology unit.
- Diagnosed and treated a variety of mental health conditions, including Emotional and Behavioral Diagnoses, Depression, Anxiety, PTSD, Oppositional Defiant Disorder, ADHD, and

Autism.

Oregon, Minnetonka, MN.

2004

Behavioral Development Specialist

Clients: Children and teens. Group and Individuals.

- Provided residential programming, counseling, and art therapy, skills, and social groups.
- Diagnosed and treated a variety of mental health conditions, including Emotional and Behavioral Diagnoses, Depression, Anxiety, PTSD, Oppositional Defiant Disorder, ADHD, and Autism.

Southwestern Counseling Center, Santa Fe, NM.

2003-2004

Art Therapist/Therapist-Practicum

Clients: Adults, teens, and children. Group, Individuals and families.

- Provided outpatient psychotherapy using humanistic and cognitive behavioral therapy through the artistic process. Art Therapy groups
- Diagnosed and treated a variety of mental health conditions, including Emotional and Behavioral Diagnoses, Depression, Anxiety, PTSD, Oppositional Defiant Disorder, ADHD, and Autism.

Walk In Counseling Center, Minneapolis, MN.

2001- 2002

Therapist

Clients: Adults. Individuals.

- Provide outpatient psychotherapy using humanistic and cognitive behavioral therapy.
- Diagnosed and treated a variety of conditions, including Depression, Anxiety, PTSD, and Personality Disorders.

Fairview University Medical Center, Outpatient Psychiatry Clinic, Minneapolis, MN.

2001- 2002

Intake Coordinator

Psychiatry Outpatient Clinic Assistant

1999-2001

Clients: Adults. Individuals and families..

- Briefly assessed clients upon intake and scheduled further mental health services. Provided referrals. Crisis intervention and conflict resolution.
- Patient triage and patient information management. Completed health care billing.

The Crisis Connection, Minneapolis, MN.

2000- 2001

Counselor-Employee Assistance Program

Clients: Adults. Individuals and families.

- Provided phone counseling, crisis intervention, and referrals as an Employee Assistance Program Counselor.

The Booth Brown House Shelter- Salvation Army, St. Paul, MN. Pact.,

1999-2001

Practicum - Children's Shelter

Clients: Children and teens. Group and Individuals.

- Provided programming and counseling for residential setting.
- Co-facilitated diagnostic assessments and testing procedures with a licensed psychologist.
- Treated a variety of mental health conditions, including Emotional and Behavioral Diagnoses, Depression, Anxiety, PTSD, Oppositional Defiant Disorder, ADHD, and Autism.

Rem Health, Edina, MN.

Internship, 1996- 1997 Employee, 1997- 2000

Independent School District 191, Burnsville, MN.

1998-1999

Independent School District 196, Apple Valley, MN.

1999- 2000

Behavior Therapist/Lead Behavior Therapist, full time

Clients: Children. Individuals. Autism and ADHD

- Provided outpatient Applied Behavioral Analysis Therapy with.
- Trained therapists.