

CHRIS BEZENSON, DMFT, LMFT

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EDUCATION:

ARGOSY UNIVERSITY, Eagan, MN 2015
Doctor of Marriage and Family Therapy

SAINT MARY'S UNIVERSITY OF MINNESOTA, Minneapolis, MN 2009
Master of Arts in Counseling and Psychological Services

SPECIALTIES:

Populations

- **Children (3+), adolescents, and adults**
- **Individuals, couples, families**
- **People from diverse racial, socioeconomic backgrounds, immigrants, criminal justice/juvenile justice system, social services involvement**

Conditions

- **Anxiety**
- **Depression**
- **Childhood Trauma (physical, emotional or sexual)**
- **ADHD**
- **Child/Adolescent sexual acting out or poor boundaries behavior**
- **Autism Spectrum**
- **Family/Couples Relational Struggles**
- **Parenting Skills**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2015 – Present
Mental Health Therapist

HEADWAY EMOTIONAL HEALTH SERVICES, Richfield, Minnesota 2010 – 2015
Mental Health Therapist

Clients: Adults, Children, Adolescents, Couples, and Families

- Provided individual, couples, group, and family therapy in an outpatient setting.
- Diagnosed and treated a variety of mental health disorders, including Major Depression, Bipolar, Anxiety Disorders, Oppositional Deffiant Disrder, Adjustment Disorders, Reactive Attachement Disorder, ADHD, PTSD and Other Trauma-Related Disorders, Conduct Disorder, Autism Spectrum Disorder, Antisocial Personality Disorder, and many others.