

TIMOTHY BECHTEL, MA, LICSW

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EDUCATION:

UNIVERSITY OF CHICAGO, Chicago, Illinois 2007
Master of Arts in Social Service Administration

UNIVERSITY OF PITTSBURGH, Pittsburgh, Pennsylvania 2000
Bachelor of Arts in Social Work

SPECIALTIES:

Populations

- **Adolescents, young adults, middle-aged adults**
- **Individuals, couples, and families**
- **LGBTQ**

Conditions

- **Post-Traumatic Stress Disorder**
- **Depression**
- **Anxiety**
- **Sexual /Gender Identity Issues**
- **LGBT Issues**
- **Relationship/Marital Issues**
- **Men's Issues**
- **Parenting Issues**
- **Substance abuse**
- **Compulsive Sexual Behaviors and Internet Addiction**
- **Eating Disorders and Self Injury**
- **Social Phobias**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2014 – Present
Mental Health Therapist

VA MEDICAL CENTER, Minneapolis, Minnesota 2012 – 2014
Clinical Social Worker

Clients: Veterans, Combat Veterans

- Provide case management and psychotherapy on a medical rehab ward.
- Provide Cognitive Processing Therapy (CPT) to veterans with PTSD.
- Worked in Mental Health Homeless Programs providing case management and psychotherapy addressing the multifactorial issues landing veterans in homelessness.

CENTER FOR PERSONAL DEVELOPMENT, Chicago, Illinois 2009 – 2012
Mental Health Therapist

Clients: College Students, Young Adults, Young Professionals Middle-Aged Adults, Couples, LGBT

- Provided individual and couples therapy, including EMDR, in a private practice setting.
- Diagnosed and treated a variety of mental health disorders, including PTSD, domestic violence, childhood physical and sexual abuse, depression, anxiety, eating disorders, self-injury, sexual compulsions, alcohol and substance abuse, and issues around sexual orientation, coming out of the closet, and gender identity.

CENTER ON HALSTEAD, Chicago, Illinois

2007 – 2011

Manager of Mental Health/Bilingual Therapist

Clients: LGBTQA Adolescents, Adults, Couples, and Groups.

- Provided individual and group psychotherapy, including EMDR, at an LGBT community center.
- Provided psychotherapy in Spanish and English.
- Diagnosed and treated a variety of mental health disorders, including PTSD, domestic violence, childhood physical and sexual abuse, depression, anxiety, eating disorders, self-injury, sexual compulsions, alcohol and substance abuse, and issues around sexual orientation, coming out of the closet, and gender identity, and issues related to HIV.

CENTER FOR THE TREATMENT OF SURVIVORS OF TORTURE, Chicago, Illinois

2006 – 2008

Student Psychotherapist and Volunteer Psychotherapist

Clients: Torture Survivors and Refugees.

- Provided psychotherapy in English and Spanish to survivors of politically motivated torture, as well as refugees having fled war and genocide.