

KATIE ROBINSON, MS, LPCC

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EDUCATION:

SPRINGFIELD COLLEGE, Springfield, MA 2011
Master of Science

SLIPPERY ROCK UNIVERSITY, Slippery Rock, PA 2006
Bachelor of Fine Arts

SPECIALTIES:

Populations

- **Adolescents, young adults, middle-aged adults**
- **Individual and Families**

Conditions

- **Eating Disorders**
- **Anxiety/Panic attacks**
- **Depression**
- **Self injurious behaviors**
- **Grief and Loss**
- **PTSD/Trauma**
- **Difficult life transitions**
- **Stress management**
- **Women's health (pregnancy, postpartum)**
- **Communication issues**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2016 – Present
Mental Health Therapist

FAMILYMEANS, Stillwater, MN 2014 – 2016
Mental Health Therapist

Clients: Children, Adolescents, Adults, Couples, and Families

- Provided individual and family therapy in a outpatient setting.
- Diagnosed and treated a variety of mental health disorders, including depression, anxiety, adjustment disorders, PTSD/ trauma, grief and loss, self-injurious behaviors, suicidal ideation, eating disorders, addictive behaviors, and Bipolar Disorder.

RAINROCK TREATMENT CENTER, Eugene, OR 2011-2013
PRIMARY THERAPIST

Clients: Adults

- Provided individual, group, and family therapy in an eating disorder residential facility for women
- Diagnosed and treated a variety of mental health disorders, including eating disorders, body dysmorphia, anxiety, depression, personality disorders, Bipolar disorder, grief and loss, PTSD/trauma, suicidal ideation, self injurious behaviors and addictive behaviors.

