

JUDY CAVAZOS-BEAL, MA, LAMFT, LADC

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EDUCATION:

ST. MARY'S UNIVERSITY OF MINNESOTA, Minneapolis, Minnesota 2009
Master of Arts in Marriage and Family Therapy

UNIVERSITY OF MINNESOTA, Minneapolis, Minnesota 2001
Bachelor of Science in Psychology, Educational Psychology, and Public Health

SPECIALTIES:

Populations

- **Children, adolescents, adults**
- **Individuals, couples, and families**
- **Hispanic/Latino culture**
- **Deaf / Hearing-impaired culture**

Conditions

- **Anxiety**
- **Depression**
- **Post-Traumatic Stress Disorder**
- **Relationship/Marital Issues**
- **Parenting Issues**
- **Family Dynamic Difficulties**
- **Alcohol Abuse and Dependence**
- **Chemical Abuse and Dependence**
- **Cross-Cultural Issues**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2014 – Present
Mental Health Practitioner

CLUES (COMUNIDADES LATINAS UNIDAS EN SERVICIO), St. Paul, Minnesota 2005 – 2013
Mental Health Practitioner (2010-2013)
Director/Manager of Chemical Health Services (2006-2013)
Chemical Dependency Counselor (2005-2006)

Clients: Latino Children, Adolescents, Adults, Families, and Couples

- Provided individual, family, and couples therapy in an outpatient setting, managed bilingual / bicultural chemical dependency services, captured new grant funding and managed contract compliance, hired, trained, and supervised leadership within the team, assessed, diagnosed, and treated substance use disorders.
- Diagnosed and treated a variety of mental health disorders, including PTSD, anxiety disorders, depression, relationship and marital issues, parenting issues, family dynamic difficulties, alcohol abuse and dependence, chemical abuse and dependence.

MCEC (MINNESOTA COUNSELING AND EDUCATION CENTER), St. Paul, Minnesota 2009 – 2009

Mental Health Therapy Intern

Clients: Children, Adolescents, Couples, and Families

- Provided individual, family, and couples therapy in an outpatient setting.
- Diagnosed and treated a variety of mental health disorders, including PTSD, anxiety disorders, depression, relationship and marital issues, parenting issues, family dynamic difficulties, alcohol abuse and dependence, chemical abuse and dependence.

ST. JOSEPH'S HOSPITAL, St. Paul, Minnesota

2006 – 2006

Chemical Dependency Float Counselor

Clients: Adults

- Provided chemical dependency counseling in an inpatient setting.
- Diagnosed and treated a variety of substance use disorders, including alcohol abuse and dependence, chemical abuse and dependence.

ADDITIONAL EXPERIENCE:

Rule-25/Chemical Health Assessor, 2001-2006

Chemical Health Practitioner/Tobacco Cessation Specialist, 2002-2003

Teen Pregnancy Prevention Project Coordinator, 2002

Chemical Health Practitioner, 2001-2002