

JOHN KOHAGEN MA, LMFT

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EDUCATION:

ST. MARY'S UNIVERSITY, MINNEAPOLIS <i>Master of Arts in Marriage and Family Therapy</i>	2010
UNIVERSITY OF NORTHERN IOWA <i>Master of Arts in English Literature</i>	2002
UNIVERSITY OF MINNESOTA, TWIN CITIES <i>Bachelor of arts in Cultural Studies and Comparative Literature</i>	1999

SPECIALTIES:

Populations

- **Children and Adults**
- **Individuals and Families**

Conditions

- **Depression**
- **Defiance/Oppositional Behavior**
- **ADHD**
- **Anxiety**
- **Autism Spectrum Disorders**
- **Self-injury**
- **Anger Issues**
- **Sexuality and Gender Identity Issues**
- **PTSD/Trauma**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota Mental Health Therapist	2016 – Present
PEOPLE INCORPORATED, Golden Valley, Minnesota School-Based Mental Health Therapist <i>Clients: Ages 12-18, individuals, families</i> <ul style="list-style-type: none">• Provided individual, family, and group therapy in school setting.• Diagnosed and treated a variety of mental health disorders including Depression, Anxiety, PTSD, trauma, Bipolar Disorder, Grief and Loss, ADHD, Personality Disorders, Self-injury, Oppositional Defiant Disorder, Eating Disorders, Autism Spectrum Disorders, Sexuality and Gender Identity Issues.	2014-2016
DAVID HOY AND ASSOCIATES, Golden Valley, Minnesota Skills Worker / Therapist <i>Clients: Ages 6-20, individuals, families</i> <ul style="list-style-type: none">• Provided individual, family therapy, and skills training in an outpatient setting.	2011-2014

- Diagnosed and treated a variety of mental health disorders including Depression, Anxiety, PTSD, trauma, Bipolar Disorder, Grief and Loss, ADHD, Personality Disorders, Self-injury, Oppositional Defiant Disorder, Eating Disorders, Autism Spectrum Disorders, Attachment Issues, Sexuality and Gender Identity Issues.

GENESIS II FOR FAMILIES

2009 - 2011

Parent Educator/Volunteer

Clients: Ages 6-18, individuals and families

- Provided individual, family therapy, and skills training in an in-home setting.
- Diagnosed and treated a variety of mental health disorders including Depression, Anxiety, PTSD, trauma, Bipolar Disorder, Grief and Loss, ADHD, Personality Disorders, Self-injury, Oppositional Defiant Disorder, Eating Disorders, Autism Spectrum Disorders, Attachment Issues, Sexuality and Gender Identity Issues.