

JEN BROWN, MSW, LICSW

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EDUCATION:

ST. CATHERINE'S UNIVERSITY/UNIVERSITY OF ST. THOMAS St. Paul, Minnesota <i>Master of Social Work</i>	2014
UNIVERSITY OF WISCONSIN Madison, Wisconsin <i>Bachelor of Science in Psychology</i>	2011
MINNESOTA PSYCHOANALYTIC SOCIETY AND INSTITUTE Minneapolis, Minnesota Certificate in Psychoanalytic Psychotherapy Training Program	2017

SPECIALTIES:

Populations

- **Individual psychotherapy for adults and adolescents**
- **Trauma sensitive**
- **LGBTQ affirming**

Conditions

- **Anxiety**
- **Depression**
- **Eating and Body Image Issues**
- **Identity and Phase of Life Concerns**
- **Relational Issues**
- **Trauma**
- **Grief and Bereavement**
- **Parenting and Family Concerns**
- **Substance Abuse/Addiction**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota Mental Health Therapist	2018 – Present
RELATE COUNSELING CENTER, Minnetonka, Minnesota Psychotherapist <i>Clients: Adults, Adolescents, and Children</i>	2015 – Present

- Provided individual therapy in an outpatient setting
- Diagnosed and treated a variety of mental health disorders including major depressive disorder, generalized anxiety disorder, obsessive compulsive disorder, post traumatic stress disorder, panic disorder, eating disorder, adjustment disorder, ADHD, bipolar disorder, personality disorder, substance use disorder, attachment issues, intermittent explosive disorder, oppositional defiant disorder.

Clinical Fellow

Clients: Adults

- Provided individual psychodynamic therapy in an outpatient setting
- Diagnosed and treated a variety of mental health disorders including major depressive disorder, generalized anxiety disorder, post traumatic stress disorder, panic disorder, eating disorder, bipolar disorder, personality disorder, substance use disorder.