

JED JAMES, MA, LPCC

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EDUCATION:

WEBSTER UNIVERSITY, ALBUQUERQUE, NM 2003
MA Counseling

University of NH, Durham, NH 1991
BA English

SPECIALTIES:

Populations

- **LGBTQIA+**
- **Individual work with young adults, middle-aged adults, and seniors**
- **Persons with SPMI diagnoses, including Borderline Personality Disorder**
- **Family and Individual work with your or adults exploring gender / identity emergence**

Conditions

- **Gender Identity / Emergence**
- **SPMI**
- **BPD**
- **Anxiety**
- **Depression**
- **PTSD**
- **ADHD**
- **Issues of Grief and Loss**
- **Autism Spectrum Disorder**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2019 – Present
Mental Health Therapist

HENNEPIN COUNTY COPE MENTAL HEALTH CRISIS TEAM , MPLS, MN 2018 – 2019
Senior Psychiatric Social Worker

Clients: Adults

- Provided mental health assessments and interventions to persons of all ages and backgrounds who were experiencing crises.
- Identified and connected people to resources that would help them toward recovery.

TOUCHSTONE MENTAL HEALTH 2015 – 2018
Supervisor, Housing Innovations and Project Community Success

Clients: Adults with Serious, Persistent Mental Illness (SPMI) diagnoses

- Supervised a team of Independent Living Skills (ILS) providers and an RN who provided person-centered, in-home services to persons living with SPMI.
- Oversaw a program which helped persons living with SPMI to locate, secure and maintain affordable housing.

Care Guide and Targeted Case Manager

Clients: Adults with SPMI diagnoses

- Provided emotional support, skills coaching and practical assistance to persons enrolled in the Hennepin Health program

GUILD, INCORPORATED

2013 – 2015

Employment Specialist, Dakota County ACT team

Clients: Adults with SPMI diagnoses

- As part of a multi-disciplinary team, provided clients with emotional support, practical assistance, skills coaching and crisis intervention
- Worked one on one with clients on searching for, securing and maintaining employment

COMMUNITY OPTIONS

Program Director, Fridley Intensive Residential Treatment Service

2007 – 2013

Clients: Adults with SPMI Diagnoses

- Supervised a multi-disciplinary team which provided person-centered emotional support, skills-coaching and day-to-day assistance to adults living in an intensive, treatment-based group-home setting

RECLAIM+ LGBTQ YOUTH

2010 – 2011

Intern and Volunteer

Clients: Youth with Gender Identity / Emergence Issues

- Co-led support group for trans-identified, questioning and gender non-binary youth
- Co-led support group for families of youth questioning their gender, identifying as trans or identifying outside of the binary