

JAIME CHRISTMAS, MSW, LICSW, RCSW

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EDUCATION:

AUGSBURG COLLEGE, Minneapolis, MN, 55454 2009
Master of Social Work

UNIVERSITY OF MINNESOTA, Minneapolis, MN 55455 2006
Bachelor of Science in Sociology-Law, Criminology, and Deviance Studies

SPECIALTIES:

Populations

- **Teens and adults, age 16+**
- **Individuals and couples**
- **LGBTQ+ Clients, HIV/AIDS Clients, Heterosexual Clients**

Conditions

- **Trauma and PTSD**
- **Relationship Issues**
- **Anxiety**
- **Depression**
- **Chronic Impulsivity**
- **HIV/AIDS**
- **Greif/Loss**
- **Internet Addiction**
- **Sexual compulsivity**
- **Substance Abuse**
- **LGBTQ+ related issues**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2017 – Present
Mental Health Therapist

ALLINA HEALTH UPTOWN CLINIC, Minneapolis, Minnesota 2015– 2017
Mental Health Therapist

Clients: Adults and Couples, families, GLBTQ+, HIV+, Co-occurring Disorders, Chronic Illness

- Provided individual and family therapy in a medical outpatient clinic setting.
- Diagnosed and treated a variety of mental health disorders, including major depression, anxiety, bipolar disorder, panic disorder, post traumatic stress disorder, trauma, grief/loss, eating disorders, chemical dependency, substance abuse, relationship issues, adjustment disorder, oppositional defiant disorder, personality disorders, sexual compulsivity, agoraphobia, hoarding, OCD, ADHD, Body Dysmorphic Disorder, Hypochondriasis, Fetishism, Phobias, Sexual Arousal Disorder, and Trichotillomania.

Volunteer Mental Health Counselor

Clients: Adults, Children, Couples, and Families

- Provided individual and family therapy in a outpatient setting designed for walk-in crisis care.
- Diagnosed and treated a variety of mental health disorders, including including major depression, anxiety, bipolar disorder, panic disorder, post traumatic stress disorder, trauma, acute stress disorder, grief/loss, eating disorders, chemical dependency, substance abuse, relationship issues, adjustment disorder, oppositional defiant disorder, personality disorders, schizophrenia, sexual compulsivity, agoraphobia, hoarding, OCD, and ADHD