

JACOB ZIMMERMAN, MS, LPCC, LADC

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EDUCATION:

SAINT CLOUD STATE UNIVERSITY, St. Cloud, MN 2013
Master of Science in Community Counseling
Certificate in Chemical Dependency

UNIVERSITY OF MINNESOTA DULUTH, Duluth, MN 2011
Bachelor of Arts in Psychology

SPECIALTIES:

Populations

- **Adolescents and Adults**
- **Individuals and Families**
- **LGBT**

Conditions

- **Chemical Dependency and Relapse Prevention**
- **Trauma and PTSD**
- **Depression**
- **Anxiety, Panic, and Phobias**
- **Grief/Loss**
- **Anger Management**
- **ADHD**
- **School Issues / Study Skills**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2017 – Present
Mental Health Therapist

CENTURY COLLEGE, White Bear Lake, MN 2015 – Present
Adjunct Faculty Member
Clients: College Students

- Instruct counseling skills and group counseling courses

EVERGREEN RECOVERY, White Bear Lake, MN 2016 – Present
Program Manager
Clients: Adults

- Develop and manage an outpatient chemical dependency treatment program

MINNESOTA MENTAL HEALTH CLINICS, Minneapolis, MN 2015 – 2016
Mental Health Therapist
Clients: Adolescents, Adults, and Families

- Provided individual and family therapy in an outpatient mental health setting.
- Diagnosed and treated a variety of mental health disorders and concerns, including chemical dependency, substance abuse, co-occurring disorders, depression, anxiety, panic disorders, phobias,

trauma and PTSD, grief and loss, anger problems, ADHD, relationships issues, and family conflict.

ANTHONY LEWIS CENTER, Blaine, MN

2013 – 2014

Counselor/Case Manager

Clients: Adolescents, Adults, and Families

- Provided case management, psycho-educational lectures, and Rule 25 assessments in a residential chemical dependency setting.

PARK AVENUE CENTER, Minneapolis, MN

2013 – 2013

Chemical Dependency Intern

Clients: Adults

- Provided group therapy, chemical dependency assessments, intake assessments, and case management services in a residential chemical dependency setting.

ADDITIONAL EXPERIENCE

MARRCH CONFERENCE

2015 – Present

Education Committee Member