

# CHRIS BEZENSON, DMFT, LMFT

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## EDUCATION:

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| ARGOSY UNIVERSITY, Eagan, MN<br><i>Doctor of Marriage and Family Therapy</i>  | 2015 |
| SAINT MARY'S UNIVERSITY OF MINNESOTA, Minneapolis, MN<br><i>Master of Arts in Counseling and Psychological Services</i> | 2009 |

## SPECIALTIES:

### *Populations*

- **Children (3+), adolescents, and adults**
- **Individuals, couples, families**
- **People from diverse racial, socioeconomic backgrounds, immigrants, criminal justice/juvenile justice system, social services involvement**

### *Conditions*

- **Anxiety**
- **Depression**
- **Childhood Trauma (physical, emotional or sexual)**
- **ADHD**
- **Child/Adolescent sexual acting out or poor boundaries behavior**
- **Autism Spectrum**
- **Family/Couples Relational Struggles**
- **Parenting Skills**

## EXPERIENCE:

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|---|----------------|
| CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota<br><b>Mental Health Therapist</b>   | 2015 – Present |
| HEADWAY EMOTIONAL HEALTH SERVICES, Richfield, Minnesota<br><b>Mental Health Therapist</b><br><i>Clients: Adults, Children, Adolescents, Couples, and Families</i> | 2010 – 2015    |
- Provided individual, couples, group, and family therapy in an outpatient setting.
  - Diagnosed and treated a variety of mental health disorders, including Major Depression, Bipolar, Anxiety Disorders, Oppositional Deffiant Disrder, Adjustment Disorders, Reactive Attachement Disorder, ADHD, PTSD and Other Trauma-Related Disorders, Conduct Disorder, Autism Spectrum Disorder, Antisocial Personality Disorder, and many others.