

DR. CASANDRA CLARK MAZARIEGOS PSY.D, LP

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EDUCATION AND TRAINING:

Ponce School of Medicine and Health Sciences APA Accredited, Ponce, PR <i>Psy.D (Clinical Psychology)</i>	2014
Hazelden Betty Ford Foundation, Postdoctoral Residency	2014-2015
Hampshire College - Amherst, MA <i>Bachelor of Arts (Multicultural Clinical Psychology)</i>	2000

SPECIALTIES:

Populations

- Adults & Young Adult (18 and up)
- Individuals and Groups
- Seniors
- Chemical Health, Psychological, and Neuropsychological Assessment
- Spanish Speakers, People who have Immigrated to the US and other Minority Populations

Conditions

- Addictive Disorders
- Traumatic Disorders
- Neurological Disorders
- Impulse Control Disorders
- Anxiety
- Depression

EXPERIENCE:

Psychologist

Catalyst Mental Health, Bloomington, MN October 2015- Present

- Conduct individual therapy with men and women ages 18 and up
- Conduct group therapy focused on recovery from addictive disorders and Trauma
- Conduct the following assesments: Diagnostic, Personality, IQ, ADHD, Memory Impairment and other Neuropsycholglcal Batteries

Postdoctoral Resident

Hazelden Betty Ford Foundation, Saint Paul, MN August 2014 to August 2015

Supervisor: Carrie Chomicz, Psy.D LP

Responsibilities: *Postdoctoral Resident *Conduct diagnostic assessments *Conduct individual therapy with men and women ages 18 and up *Run the following groups: Seeking Safety for Co-occurring disorders, Opioid Support Groups and psycho-educational groups for people in early recovery *Receive individual supervision once a week.

Predoctoral Intern (APA accredited)

Hazelden Betty Ford Foundation, Center City, MN

August 2013 to August 2014

Supervisor: Mehgan Miller, Psy.D LP

Responsibilities: *Predoctoral Intern (APA accredited) *Work with patients that have co-occurring disorders, both chemical dependency and a mental health diagnosis *Conduct the following assessments: Neuropsychological screens, Eating Disorders, Gambling, Vocational, Sexual Compulsivity, diagnostic and personality *Conduct individual therapy with men and women ages 21 and up. I also run the following groups, Co- Occurring, Healthy Relationships, Trauma, Food and Body Awareness and Skill Building *Receive individual supervision twice a week and group supervision once a week.

Teaching Assistant-Psychology Department

Ponce School of Medicine and Health Sciences, Ponce, PR

December 2010 to May 2013

Supervisor: José Pons-Madera, PhD; Walter Rodriguez Psy.D and Jose Hernandez MD

Courses taught: Neuropsychological Assessment (2 Semesters), Cognitive Neuropsychology (2 Semesters), Motivational and Emotional Basis of Behavior

Neuropsychological Research Lab Coordinator

Ponce School of Medicine and Health Sciences, Ponce, PR

August 2008 to May 2013

Clinical Psychology Doctoral Program, Ponce School of Medicine and Health Sciences Ponce, Puerto Rico

Position: Coordinator

Responsibilities: *Work as research assistant and teacher's assistant to geneticist, Dr. Summer Acevedo and Psychologist, Dr. Walter Rodriguez *Develop research in cognition using questionnaires, neuropsychological assessment instruments, physiological measures and clinical interviewing.

Research Projects: *Effects of ApoE on Spatial Learning and Memory in Young Hispanics, Principal Investigators and Authors: Casandra Clark Mazariegos, Maria Quinones, Summer Acevedo Ph.D, Status: Data Collection *Relationship Between Relapse Styles, Levels of Impulsivity and Resiliency in Substance use Disorders Subjects: An Examination of the Underlying Neurobiological Mechanisms Principal Investigators and Authors: Adlin Adorno, Casandra Clark Mazariegos, Summer Acevedo Ph.D, Walter Rodriguez Psy.D *Heroin and Injection Drug Use in Puerto Rico: A Profile of the Population and a Review of the Services, Principal Investigators and Authors: Casandra Clark Mazariegos, Summer Acevedo Ph.D, Walter Rodriguez Psy.D, Status: Dissertation Defense Passed April 24, 2012, In Review for Publication *SCL-90-R Symptoms Checklist and Mini International Neuropsychiatric Interview (M.I.N.I.): A Study of Concurrent Validity in the Puerto Rican Population Principal Investigators and

Authors: Walter Rodriguez Psy.D, Casandra Clark Mazariegos, Maria Quintana, Yassira Cerrano, Yazdel Guzman, Yissel Berrios Status: Writing article for publication *The Impact of Endometriosis Symptoms in the Well-being and Quality of Life of Teens Principal Investigators and Authors: Summer Acevedo Ph.D, Idhaliz Flores Ph.D Status: Writing article for publication.

*All above noted research studies have been presented at both local and national psychological conventions. List of presentations available upon request.

Practicum Student

Neuropsychology Clinic, Dallas, TX

July 2012 to August 2012

Supervisor: Laura Lacritz, Ph.D ABPP

Responsibilities: *Practicum Student *Administered, scored, and integrated neuropsychological evaluations that resulted in reports *Participated in weekly supervision.

Practicum Student

Centro Ponceño de Autismo (CEPA) - Ponce, PR

January 2011 to August 2012

Supervisor: Rafael Olivera, PsyD, Pediatric Neuropsychologist, Laura Deliz Psy.D.

Responsibilities: *Practicum Student *Provide individual therapy to diverse patients, with an emphasis in children with developmental disorders *Participate in weekly trainings, supervision, case consultations, staff meetings and supervision *Administer, score, and integrate neuropsychological, diagnostic and psychometric assessments that result in psychological report for children at risk for autism.

Practicum Student

Dr. Yma Lopez and Associates, Ponce, PR

January 2012 to March 2012

Supervisor: Luisa Ferder, Psychoanalyst, MD

Responsibilities: *Practicum Student * Provided individual therapy to a general population of diverse adult patients *Participated in weekly supervision *Psychotherapy and supervision is psychoanalytically oriented.

Practicum Student

Forensic Hospital, Ponce, PR

August 2009 to January 2011

Responsibilities: *Provided individual, group and family therapy to a wide variety of psychiatric patients *Participated in weekly trainings, supervision, case consultations, staff meetings and supervision *Administered, scored, and integrated diagnostic and psychometric assessments that result in psychological reports.

Practicum Student

Casa Belen Center Women with Addiction, Ponce, PR

August 2009 to June 2010

Supervisor: Rosa Martinez, Psy.D

Responsibilities: *Practicum Student *Provide individual therapy to diverse patients, with an emphasis in women with substance use disorders *Participate in weekly trainings, supervision, case consultations, staff meetings and supervision *Administered, scored, and integrated diagnostic and psychometric assessments that result in psychological reports.

Youth Counselor

Sociedad Latina and Inquilinos Boricuas en Accion, Boston, MA January 2004 to March 2007

Responsibilities: *Taught weekly classes for a group of 30 peer leaders from different community agencies through out the city. Training categories include: drug awareness, leadership skills, interpersonal relations and current issues facing urban youth of color, violence prevention, communication skills, advocacy, harm reduction skills

Youth Development Specialist

Sociedad Latina, Boston, MA

January 2004 to March 2006

Responsibilities: *Youth Development Specialist *Coordinate a mentoring group for Latinas between the ages of 10-14 called "Viva La Cultura"; Match young ladies with a positive Latina role model from the community; Conduct monthly cultural activities for mentors and mentees. Activities are intended to increase self-esteem, visibility and accessibility to positive Latina role models, knowledge of cultural heritage and cultural pride * Organize cultural events open to the public, intended to raise awareness about the diverse heritage of Latinos including Indigenous, African and Spanish ancestry; Receive weekly supervision from the program director *Participate in the process of creating a revised youth development model relevant to modern Inner-City Youth culture *Conduct health awareness sessions through out the city with the peer leaders as co-facilitator *Coordinate and implement weekly youth development training for a group of 30 peer leaders from different community agencies through out the city. Training categories include: artist development, leadership skills, community education, interpersonal relations and current issues facing urban youth of color, violence prevention, communication skills, Advocacy, Hip Hop and Reggaeton Advocacy, risk reduction skills.

Counselor

Healthy Families, Brighton, MA

March 2004 to March 2005

Assistance to Adolescent Mothers

Supervisor: Susan Jones, MS

Responsibilities: *Case Manager *Visited pregnant and parenting adolescents in their home, met with young mothers on a weekly basis to assess current needs, provided support in the challenges of young motherhood and made referrals determined by weekly interview sessions *Participated in weekly trainings, supervision, case consultations, staff meetings and supervision *Received over 150 training hours on topics including: pregnancy, child and adolescent development, cultural sensitivity, immigration issues, community outreach, community organization, forming collaborations and extensive training on creating and facilitating successful peer groups *Co-facilitated mixed mother/child play groups.

Research Assistant to John Halpern Ph.D

Mclean Hospital, Belmont, MA

July 2002 to July 2003

Position: Research Assistant to John Halpern Ph.D

Responsibilities: * Assisted in an investigation addressing "pure" ecstasy use among a population of Mormon teenagers in Salt Lake City, Utah. "Pure Ecstasy" in this case refers to a population that has extensive experience using Ecstasy and minimal experience with all other forms of alcohol, drugs and tobacco * Investigators aim to address problems with previous studies in this area; most existing research on the effects of ecstasy is based on a population of multi drug users. *Assisted in recruiting "pure ecstasy" users to an initial interview session *Assisted in creating the interview material and conducting the interview sessions *Wrote a report of the on the first round of interviews conducted in Salt Lake City, Utah for the Multidisciplinary Association of Psychedelic Studies, MAPS *Assisted in an investigation addressing the relationship between alcohol and peyote use amongst the Navajo Nation in New Mexico. This investigation aims to explore the disproportionate rate of alcoholism among Native Americans, the unique Peyote ceremonies conducted by Shamans and whether there is a negative or positive correlation between resilience to alcoholism and participation in Peyote ceremonies

Case Manager

Cambridge Cares about Aids, Cambridge, MA

July 2000 to July 2002

Supervisor: David Clark, MA

Responsibilities: *Case Manager *Assisted in opening and planning the structure and programming of a drop in center for homeless youth *Created and developed the clinical aspects of the program *Counseled members of the drop in center, conducted needs assessments and referred members to agencies throughout Cambridge and Boston that provide the following services: employment, housing, education, health, mental health, family planning and emergency shelter *Participated in weekly trainings, supervision, case consultations, staff meetings and supervision *Held regular training sessions to educate new staff members and volunteers on adolescent development and how to implement services in a harm reduction based manner. *Facilitated weekly gender-specific peer groups for youth center members *Conducted weekly group supervision for volunteers *Conducted a summer-long drug information workshop series that covered all of the drugs most prominent among member population *Created and implemented a curriculum on drug information for prevention and intervention. *Conducted drug information workshops for youth workers in the Cambridge and Boston area on how to work with adolescents and substance abuse from a harm reduction approach *Created a service and advocacy coalition in order to better service the needs of youth.