

BRANT THOMSEN, MA, MSW, LICSW

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EDUCATION:

AUGSBURG UNIVERSITY, Minneapolis, MN <i>Master of Social Work</i>	2000
LUTHER SEMINARY, Saint Paul, MN <i>Master of Arts, Youth and Family</i>	1999
SAINT OLAF COLLEGE, Northfield, MN <i>Bachelor of Arts in Social Work</i>	1993

SPECIALTIES:

Populations

- **Children, Adolescents, Adults**
- **Performing Artists**
- **High-functioning Autism**
- **Persons with Epilepsy, Cancer, and Chronic Medical Conditions**
- **Military Veterans**
- **Fathers**

Conditions

- **Trauma and PTSD**
- **Autism and Asperger Syndrome**
- **Anxiety**
- **Depression**
- **Developmental Disorders**
- **Grief/Loss**
- **Spirituality**
- **Parenting**
- **Chronic Illness**
- **Men's Issues**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota Mental Health Therapist	2018 – Present
STRENGTH AND HEALING, LLC, Saint Paul, MN Psychotherapist <i>Clients: Children, Adolescents, and Adults</i>	2016 – Present

- Provide individual and family therapy in a private office setting.
- Treat a variety of mental health disorders including autism, anxiety, depression, trauma, medically related mental health needs (epilepsy, chronic pain, cancer), attachment disorders, school based disabilities (Emotional and Behavioral Disorders, Autism, Learning Disabilities).

- Modalities include person-centered, play therapy, mindfulness integration, Trauma Focused-Cognitive Behavioral Therapy, and Eye Movement Desensitization and Reprocessing (EMDR).

SAINT PAUL PUBLIC SCHOOLS, Saint Paul, MN

2000-2017

School Based Clinical Social Worker

Clients: Children, elementary through high school, Parents, and School staff

- Provided individual and group therapy to children focused on social skills, emotional regulation, self esteem, bullying prevention and intervention, family crisis response, safety planning, and school based evaluation of mental health needs.
- Evaluated and provided service to children with severe early childhood trauma, attachment disorders, special education disabilities including EBD, LD, ASD, and other impairments impacting personal well-being in the school settings.
- School based therapy to children experiencing grief, loss, and/or trauma in home or community.